## Lunch Menu

Buffet or Plated-menu selection includes (1) Meat Entrée', two (2) vegetables or 1 veggie 1 starch, salad, Assorted Rolls, and beverage

Menu: includes disposables clear plates, plastic forks, napkins, beverage cups (formal china can be provided at addítional cost)
sample Entrée' Items

- Baked or Fried Chicken
- Chícken Marsala
- Grílled Herb chicken Breast
- Sliced BeefW/ mushrooms and oníons
- Rosemary Pork Loín
- Chopped Beef Steak with gravy, mushroom, Gonions
- Grílled or Blackened salmon
- Baked Tilapia with mango salsa
- Fried or Baked Catfish

Your choice of salad-garden salad, spinach salad, or caesar salad

## sample vegetables \& sides

- Braised Asparagus
- southern style green beans
- Garlic Mashed Potatoes
- Rice Pílaf
- Wíld Rice
- scalloped Potatoes
- Steamed Broccoli (with or Without cheese)
- cream style corn
- clazed carrots
- sautéed' vegetables
- Mac E Cheese

Breads

- Yeast Rolls
- corn Bread or corn muffins

